

**THE NUMBER 1 CAUSE OF
VIOLENCE AGAINST WOMEN
IS GENDER INEQUALITY**

**Challenge
outdated
ideas about
gender roles**

**Raise boys to
be respectful,
kind & caring**

EVERYONE
should feel
SAFE at **HOME**

**Respect
women & girls
as equals**



**Scan to
learn more**

**TAKE ACTION
FOR
GENDER
EQUALITY:**

**Support women's
choices at work,
at home & at
play**

**Call out
disrespect
towards
women & girls**

**If you or someone
you know is experiencing
or using violence,
help is available**

**If in immediate danger
call 000**

Safe Steps 1800 015 188

24 hour Victorian crisis support
for women and children
safesteps.org.au

1800 RESPECT 1800 737 732

24 hour national sexual assault,
domestic and family violence
counselling service
1800respect.org.au

**The Orange Door - Mallee
1800 290 943**

9am – 5pm Monday to Friday
Family violence and family
support services hub
113 Madden Avenue Mildura
orangedoor.vic.gov.au

**Mallee Sexual Assault and
Domestic Violence Service
5021 2130**

24 hour crisis support for victims
and their children
msau-mdvs.org.au

**Meminar Ngangg Gimba
(Mallee District Aboriginal
Service) 5018 4100**

Culturally appropriate support
for Aboriginal and Torres Strait
Islander people experiencing
family violence
mdas.org.au

**inTouch Multicultural Centre
Against Family Violence
1800 755 988**

9am-5pm Monday to Friday
Help for Victorian migrant and
refugee women
intouch.org.au

Rainbow Door 1800 729 367

10am to 5pm everyday
Specialist information, support,
and referral for all LGBTIQ+
Victorians, their friends and
family
Or text 0480 017 246
rainbowdoor.org.au

**Men's Referral Service
1300 766 491**

24 hour advice and support for
men who use family violence
and abuse to help change what
they're doing to keep women
and children safer
ntv.org.au

Kids Helpline 1800 55 1800

24 hour counselling service for
young people aged 5 to 25
years
kidshelpline.com.au



Mildura Rural City Council

**Gender Equity
Action Sunraysia**

