

# Victorian Seniors Festival 2023



## Singing for Fun with U3A

**Monday 2nd October**  
**1.30pm - 3.30pm**

Come along and enjoy the social company of the U3A Singing group

**Venue** - Sunraysia Masonic Centre, Fifteenth Street, Irymple

**Cost** - Free

**Phone** - Heather Gardiner  
0428 836 873

## Protect yourself against scams!

**Tuesday 3rd October**  
**10.30am**

Learn to use technology safely with our information session for seniors.

**Venue** - Red Cliffs Library

**Cost** - Free

**Phone** - 03 5018 8366

## Walking Group Come & Try Session

**Tuesday 3rd October**  
**7.45am Registration**  
**8am - 9am Walking**

**Venue:** Meet at the food court, Mildura Central Shopping Centre

**Cost** - Free

## Strong Movers

**Monday 2nd October**  
**Arrive at 11.20am, 11.30am start**

Low impact fitness class designed to improve strength.

**Venue** - Mildura Waves Aquatic and Leisure Centre

**Cost** - Free

**Phone** - Jarrod 03 5018 7500

## Chaffey Trail Merbein Blandowski Walk

**Tuesday 3rd October**  
**10.30am - 12 midday**

Descend the Blandowski steps after passing through the Rotary Pioneer Plantation & Garden of Memory.

See the original 'heritage listed' concrete tank and brandy bond shed. Down at Chaffey Landing view the River Flood Level Indicator and learn of William Blandowski, the first Government Zoologist, who, in 1857, collected unique terrestrial/aquatic specimens.

**Venue** - Merbein Lookout, Stones Drive, Merbein

**Cost** - Free. Limited bus tickets available \$5 via Eventbrite (from Mildura Henderson Park to Merbein and return) or self-drive to the site and enjoy the FREE tour.

**Phone** - 03 5018 8380

**Free ticket** - [bit.ly/ChaffeyFreeTicket](https://bit.ly/ChaffeyFreeTicket)

**Bus ticket** - [bit.ly/ChaffeyBusTicket](https://bit.ly/ChaffeyBusTicket)

## Seniors Week morning tea with Lower Murray Water

**Wednesday 4th October**  
**10.30am - 12 midday**

Come and enjoy a cup of tea and sweets, hear presentations from the Sunraysia Garden Club and the Sunraysia Orchid Club and enjoy a walk through our sustainable garden.

**Venue** - Lower Murray Water, 741 Fourteenth Street, Mildura

**Cost** - Free. Booking required

**Phone** - Nicolette Robson  
0477 955 639

**Tickets** - [bit.ly/LMWMorningTea](https://bit.ly/LMWMorningTea)

## Mildura Eco Village Tour & Cuppa

**Tuesday 3rd October**  
**10am - 12pm**

**Venue** - 15 Scherger Drive, Mildura

**Cost** - Free. Booking required.

**Phone** - Nadia Baker 03 5018 8455

**Email** -

[nardia.baker@mildura.vic.gov.au](mailto:nardia.baker@mildura.vic.gov.au)

## Aqua Mild

**Wednesday 4th October**  
**Arrive at 9.25am, 9.30am start**

Low impact water aerobics class.

**Venue** - Mildura Waves Aquatic and Leisure Centre

**Cost** - Free

**Phone** - Jarrod 03 5018 7500

## High Tea in the Library

**Wednesday 4th October**  
**10.30am**

Harp Tranquility, with Glenda Underhill, accompanied by the talented Mike Oates on concertina, harmonica, and whistle will provide beautiful background music, making this high tea a truly special experience.

**Venue** - Mildura Library  
**Cost** - Free  
**Phone** - 03 5018 8350

## Cup of Memories: Senior Afternoon Tea

**Wednesday 4th October**  
**2pm**

Join us for afternoon tea as we reminisce about "the good old days".

**Venue** - Merbein Library  
**Cost** - Free  
**Phone** - 03 5018 8361

## The Carnegie Centre Open Day

**Wednesday 4th October**  
**10am - 4pm**

Wander around the Centre, have a look at all the wonderful local history, talk to the volunteers and learn what else is on offer. A historical movie on the history of Mildura will be shown at different times throughout the day.

**Venue** - Mildura District Historical Society and Mildura and District Genealogical Society  
74 Deakin Avenue, Mildura  
**Cost** - Free or donation. \$5 for movie  
**Phone** - Barbie Cornell  
0427 113 090

## Protect yourself against scams!

**Thursday 5th October**  
**10.30am**

Learn to use technology safely with our information session for seniors.

**Venue** - Merbein Library  
**Cost** - Free  
**Phone** - 03 5018 8361



## Glenn Star – Hit Parade

**Thursday 5th October**  
**2pm**

Get ready to embark on a nostalgic journey with hit parade, an extraordinary tribute to the unforgettable hits of the 1950s and 1960s.

Led by the remarkable Glenn Starr, this sensational show has been delighting audiences across the country and around the world for the past 10 years.

**Venue** - Mildura Arts Centre, 199 Cureton Avenue, Mildura  
**Cost** - \$5. Bookings required.  
**Phone** - 03 5018 8330 or drop into the Mildura Arts Centre or the Mildura Visitors Information Centre.

## Cinema at the Library

**Thursday 5th October**  
**2pm**

Experience a delightful cinematic afternoon, featuring a captivating movie, and enjoy a complimentary afternoon tea.

**Venue** - Red Cliffs Library  
**Cost** - Free  
**Phone** - 03 5018 8366

## Walking Group Come & Try Session

**Thursday 5th October**  
**7.45am Registration**  
**8am - 9am Walking**

**Venue** - Meet at the food court, Mildura Central Shopping Centre  
**Cost** - Free

## Chaffey Trail Mildura Place

**Thursday 5th October**  
**10.30am - 12 midday**

Just a short stroll upstream of the Station Homestead towards Lock 11 is 'Mildura Place', where much of Mildura's history happened. Hear the stories of this historic place as told by historian Bob Walton and visit the homestead and woolshed.

**Venue** - Mildura Homestead gate  
**Cost** - Free. Ticket required  
**Phone** - 03 5018 8380  
**Tickets** - [bit.ly/ChaffeyTrail](https://bit.ly/ChaffeyTrail)



**BOOK TICKETS - Scan the QR code or visit [mildura.vic.gov.au/SeniorsFestival](https://mildura.vic.gov.au/SeniorsFestival) to find out more and book tickets!**



**BOOK TICKETS - Scan the QR code or visit [mildura.vic.gov.au/SeniorsFestival](http://mildura.vic.gov.au/SeniorsFestival) to find out more and book tickets!**

### Ouyen District History & Genealogy Centre

**Friday 6th October  
9.30am - 4pm**

Discover 'Walpeup...the way it was'. A special exhibition in celebration of the Centenary of the Walpeup Memorial Hall and Silo Art.

**Venue** - 71 Oke Street, Ouyen in the old courthouse

**Cost** - Free or donation

**Phone** - 03 5092 1763

**Email** - [history@ouyen.vic.au](mailto:history@ouyen.vic.au)

### Protect yourself against scams!

**Friday 6th October  
10.30am**

Learn to use technology safely with our information session for seniors.

**Venue** - Mildura Library

**Cost** - Free

**Phone** - 03 5018 8350

### Carers Walk for Seniors

**Wednesday 18th October  
Arrive at 9.45am for 10am start**

Join other carers of people with a disability, mental illness or an elderly person for a gentle stroll through the park. (Weather permitting) Complimentary morning tea supplied.

**Venue** - Bobby and Me, Hugh King Drive, Mildura

**Cost** - Free. Bookings required.

**Phone** - 03 5018 8240

**Email** -

[jeni.snadden@mildura.vic.gov.au](mailto:jeni.snadden@mildura.vic.gov.au)



## Seniors Tech Hub

Learn to use technology confidently and safely with our hands-on tech help sessions for seniors.

Book in for one-on-one or small group workshops.

**For more information  
contact 03 5018 8350**

**Scan here to  
find out more**