

JOIN THE RESPECT MALLEE CAMPAIGN IN YOUR SCHOOL!

**Support the 16 Days of Activism
Against Gender Based Violence
25 November – 10 December**

The Respect Mallee campaign is a partnership by 14 local organisations to raise awareness, promote respectful relationships and prevent gender-based violence in our community. We are inviting schools, individuals, businesses and organisations to take part and show their support for a safer, more respectful Mallee region.

We have prepared some simple ideas and materials to help primary schools take part to make our community safer and respectful for everyone.

How to get involved

- Visit: www.mildura.vic.gov/RespectMallee for free resources and activity ideas.
- Display the Respect Mallee Primary School Poster around your school to spark conversations.
- Share the 'Quick Classroom Activity Ideas' flyer with teachers to help bring respect into everyday learning.
- Use the Classroom Activity Sheets provided to engage students in meaningful discussions and activities around respect.
- Include the Respect Mallee poster in your school newsletter to inform families.
- Post photos or stories on your school's social media showing your support for Respect Mallee - use the hashtags #16Days #16DaysOfActivism #RespectMallee.



**Find out
more info
here**



Respect Mallee is supported by:

Sunraysia Community Health Services
Mildura Base Public Hospital
Mildura Rural City Council
Anglicare Victoria

Mallee Family Violence Executive
Sunraysia Institute of TAFE
Department of Families Fairness and Housing
Women's Health Loddon Mallee

Mallee Family Care
Mallee Accommodation Support Program
Gender Equity Action Sunraysia
Djirra

SAFE+EQUAL



We support the RESPECT MALLEE campaign for the 16 Days of Activism

QUICK CLASSROOM ACTIVITY IDEAS

To support the Respect Mallee Campaign

Explore respect with a question or two (5 – 10 minutes)

Objective: Define what respect looks like in the classroom. Or use another related word e.g. trust, fairness, teamwork, equality.

Question ideas:

- What does respect mean to you? Why is it important?
- Who should we respect? (You could explore further about respecting different genders and what that looks like, both in the classroom and in the community)
- When might people feel left out?
- What can we do/say to include everyone/make people feel valued?
- Is respect only important at school?
- Where else is respect important and why?
- Do different genders feel more left out and why? What can we do to change that?

Vocab Words

Include 'Respect Mallee' related words as 'Vocab Words' for the week e.g.:

Respect	Teamwork	Together
Trust	Safe	Honesty
Fairness	Kind	Support

Respect Brainstorm (10–15 mins)

Objective: Define what respect looks like in the classroom.

Or use another related word e.g. trust, fairness, teamwork, equality.

- Ask students: "What does respect (or your selected word) mean to you?"
- Write their ideas on the board or a shared poster.
- Group responses into categories (e.g. respect for self, others, property, learning).
- Use this as a foundation for class expectations.

Role Play Scenarios (15–20 mins)

Objective: Practice respectful responses in common situations.

- Prepare short scenarios (e.g. someone interrupts, someone is excluded, someone makes a mistake, someone says "football is only a boys sport" or "boys don't cry").
- In small groups, students think of respectful and disrespectful responses and could then act them out.
- Discuss as a class: "What felt respectful? What could be improved?"



Respect Circle (10 mins)

Objective: Build empathy and appreciation.

- Sit in a circle. Each student says one respectful thing about the person to their right.
- Encourage specific compliments not related to physical appearance (e.g. "You always listen when someone is talking.")
- Option: Use a talking stick to promote turn-taking.

Respect Pledge (10–15 mins)

Objective: Commit to respectful behaviour, or choose an alternative e.g. commit to being fair, trustworthy or kind.

- Students write a short personal pledge: "I will show respect by...", "I will commit to being fair by...", "I will be trustworthy by...", "I will be kind by...", "I believe everyone should be treated equally because..."
- Decorate and display them in the classroom.
- Revisit the pledges regularly.

Respect Poster Creation (20–30 mins)

Objective: Visualise respectful behaviour. Or use another related word e.g. trust, fairness, team-work, equality.

- In pairs or small groups, students create posters showing respectful actions. You could choose to introduce being respectful of different genders here.
- Include drawings, slogans or quotes.
- Display around the classroom or school.

Activity Sheet - Wordfind

Attached in this document.

Activity Sheet - Colouring in

Attached in this document.

Activity Sheet - Mindfulness Coloring in

Attached in this document.



RESPECT MALLEE WORDFIND

Find and circle the words that help keep our school and community safe, supportive and respectful!

G	C	O	M	M	U	N	I	T	Y	A	R	Q	I
E	L	C	H	L	J	F	O	K	R	C	E	W	J
T	Z	U	Q	A	V	R	J	I	V	T	S	D	E
T	H	O	N	E	S	T	Y	N	I	I	P	D	D
X	R	R	E	I	J	T	G	D	W	V	E	K	G
V	U	U	I	Q	P	I	B	C	U	I	C	N	T
I	T	B	S	A	K	Y	E	U	I	S	T	F	E
X	O	O	R	T	W	N	R	A	D	M	M	S	A
C	G	W	F	A	I	R	N	E	S	S	A	U	M
E	E	R	B	L	S	R	E	N	E	B	L	P	W
J	T	L	Z	B	L	G	V	H	V	D	L	P	O
L	H	Y	R	N	S	A	F	E	T	X	E	O	R
E	E	H	F	Z	Z	F	N	A	F	X	E	R	K
K	R	E	S	P	E	C	T	Z	N	Z	V	T	X

Words to Find:

RESPECT
TRUST
FAIRNESS
HONESTY

TEAMWORK
SUPPORT
COMMUNITY
SAFE

KIND
TOGETHER
RESPECTMALLEE
ACTIVISM



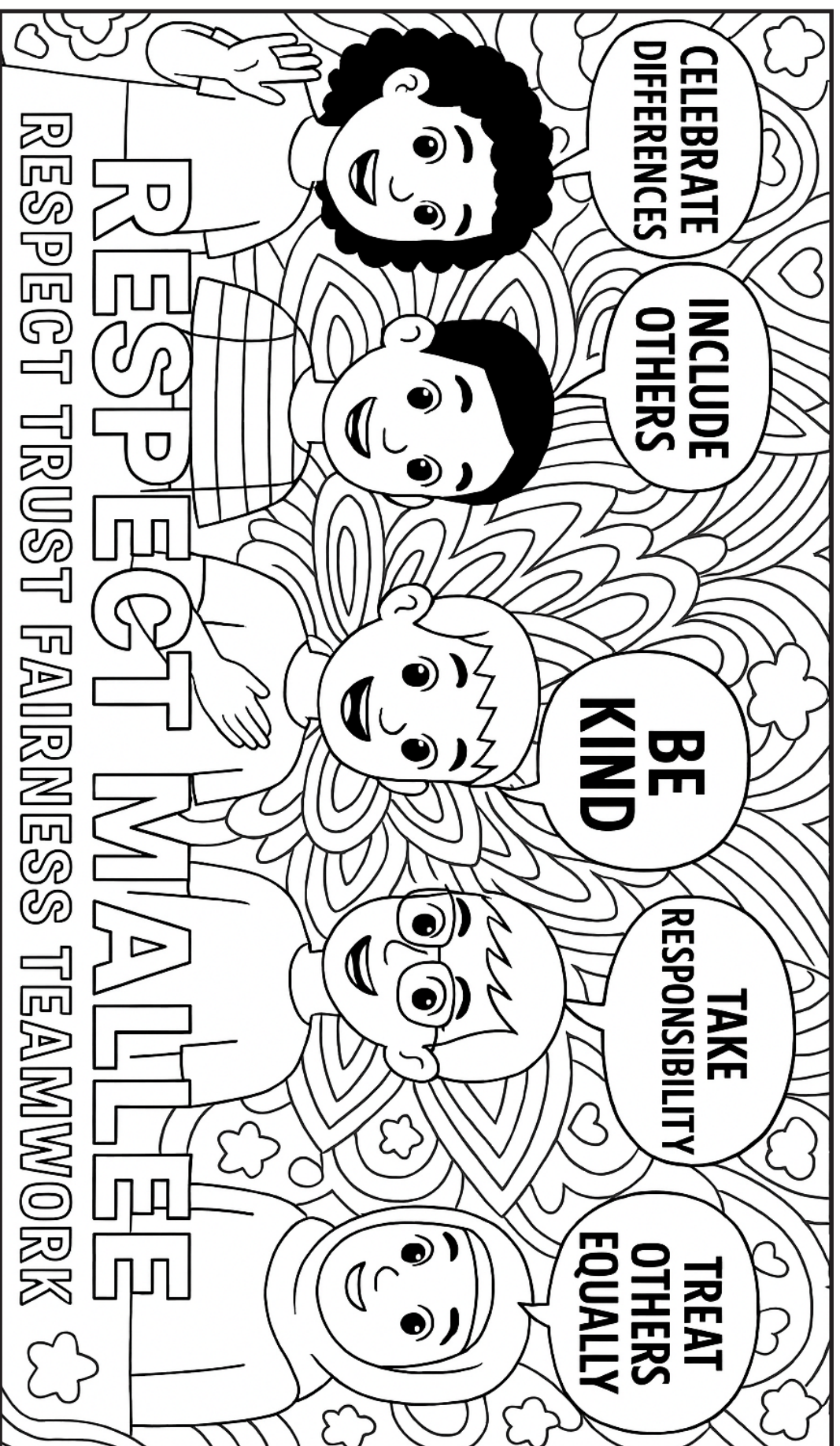
RESPECT MALLEE



RESPECT
FAIRNESS

TRUST
TEAMWORK





Mindfulness Strategies

Gratitude Blink - Close your eyes and think of one thing you're thankful for. Smile and take a deep breath before opening your eyes.

Animal Stretch - Pick your favourite animal and stretch like it for 30 seconds. Focus on how your body feels as you move.

