

**"I enjoy doing different activities with my child at playgroup."**

*Dianca Niblett*



*giving kids a great start to support learning and development*

**smalltalk**   
*Giving your kids a great start*

The program runs weekly during school term, except public holidays, and is free to eligible families.

For more information on eligibility and locations in the municipality contact Mildura Rural City Council on 03 5018 8100 or visit [mildura.vic.gov.au](http://mildura.vic.gov.au)



Mildura Rural City Council

# supported playgroups

**Using the smalltalk model**

*Supporting you,  
supporting your child*

**smalltalk**   
*Giving your kids a great start*

Parents are  
children's first  
teachers

## About smalltalk

Smalltalk aims to increase parents' confidence to do the things we know can have a positive impact on their child's learning. It is about using everyday opportunities and the activities that many parents already do in the home to enhance their children's learning and development.

## Who is smalltalk for?

Smalltalk is for families with children up to four years of age. It is introduced to parents in Supported Playgroup sessions, with additional fortnightly one on one sessions available.

**For more information, visit  
[www.smalltalk.net.au](http://www.smalltalk.net.au)**

**"Playgroup is a great  
place not only for our  
little ones but also for  
us to meet new people"**

*Leo Abdallat*



## What happens at supported playgroups?

Activities may include indoor/outdoor play, arts and crafts, puzzles, story time, nursery rhymes and shared snacks.

We host meet and greet sessions which provide the opportunity for families to discuss topics including following your child's lead, listening and talking more, teachable moments and tuning in.

## Why choose supported playgroups?

Children enjoy Supported Playgroups as they give them the opportunity to play with other children, learn new things, increase their social skills and make new friends.

Adults enjoy the benefits of Supported Playgroup as they can meet other families, make new friends, share ideas and discuss their child's development with the facilitator.

## *important information*

Light refreshments will be provided however, please feel free to bring a healthy nut-free snack to share. Please advise us if you or your child has any allergies, medical conditions or other relevant information.