

mildura.vic.gov.au/BeKind

#BeKindMRCC



be kind

A RANDOM ACT OF KINDNESS

Enjoy and pay it forward!
Spreading kindness is a simple way we can all support each other during these difficult times.

Hello!

I hope this random act of kindness brightens your day. Please pay it forward by carrying out a random act of kindness for someone else. Spreading kindness is more important than ever right now.

Visit **mildura.vic.gov.au/BeKind** for ideas and inspiration. You can also learn how to stay safe, be kind to others, be kind to business and be kind to yourself.

If you or someone you know needs extra support right now call our Community Relief Service.

(03) 5018 8588

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