

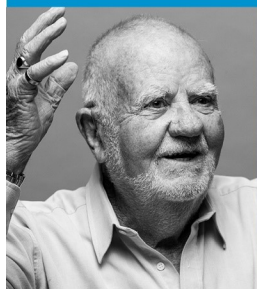
MILDURA

Program of Events

2019

**Victorian
Seniors
Festival**
October
2019

Get into it!



seniorsonline.
vic.gov.au

#VicSeniorsFestival



Mildura Rural City Council

VICTORIAN
SENIORS
Festival



TICKETS ON SALE FROM TUESDAY 10 SEPTEMBER UNTIL SOLD OUT

Mildura Rural City Council extends an invitation to all citizens 55 years and over to attend events celebrating the 2019 Victorian Seniors Festival.

This year events in Sunraysia will be held from 6 - 11 October.

Tickets will be available from the following venues from the 10th of September till sold out:

Mildura Rural City Council 76 Deakin Avenue, Mildura
Monday to Friday 8am to 5pm
Eftpos available

Ouyen Service Centre 79 Oke Street, Ouyen
Monday to Friday 8am to 5pm
Eftpos available

Tickets can also be purchased over the phone using a credit card. To purchase tickets over the phone please call 5018 8100 and have your credit card ready. These tickets will be available for pick up at the event on the day.

TICKETS ON SALE AT LIBRARIES FROM TUESDAY 10 SEPTEMBER UNTIL SOLD OUT

Tickets purchased at libraries and over the phone will all be available for pick up at the event on the day.

Merbein Library Main Avenue, Merbein
Tuesday to Friday 10am to 5:30pm
Saturday 10am to 1pm
Eftpos available

Red Cliffs Library Jamieson Avenue, Red Cliffs
Tuesday to Thursday 10am to 5pm
Friday 10am to 6pm
Saturday 10am to 1pm
Eftpos available

BUS TRANSPORT



As a Victorian Seniors Card holder, you can get out and explore metropolitan Melbourne and regional Victoria with free travel **from Sunday 6 October to Sunday 13 October.**

Simply show your Victorian Seniors Card when you catch the appropriate bus at your nearest bus stop.

Most festival events will be held at locations on or close to the normal bus route, so it is simply a matter of getting off the bus at the appropriate stop.

You need to reserve an economy seat on long distance V/Line trains and some coaches.

To book a seat on V/Line Services requiring reservations call 1800 800 007 from 10am on Tuesday 3rd September.

Some events have special transport arrangements, please check the program for relevant details.

Should you have special needs alternate transportation may be arranged. Please discuss your requirements with staff at time of booking.

PLEASE NOTE: Timetables are available when you purchase your tickets and show approximate times only. Passengers should be at the bus stop 10 minutes prior to scheduled time.

SUNDAY 6

MILLEWA PIONEER PARK OPEN DAY



Millewa Pioneer Park will have transport available to their Open Day where you will experience a great program of country music, a display of how technology has changed in the Millewa, farming skill displays and historic buildings. Hot scones cooked in the historic bakers oven will be available for purchase. A BBQ lunch will be cooked by Irymple Rotary Club.

Time: 8:30am bus departs Henderson Park,
Cnr Deakin Avenue & Thirteenth St, Mildura
9am bus departs Barclay Square, Red Cliffs
10am arrive at Meringur
2:45pm leave Meringur
3:45pm arrive back at Red Cliffs
4:10pm arrive back at Henderson Park

Venue: Millewa Pioneer Park, Millewa Road,
Meringur

Cost: \$30 for bus trip and entry.
Ticket includes bus trip entrance, two course
BBQ lunch and unlimited tea and coffee

**For further information on The Millewa Pioneer Park
phone Margaret 0428 283 336 or Heather 0428 132 741**

SUNDAY 6

ECUMENICAL CHURCH SERVICE



Join us for our Ecumenical Church Service.
Afternoon Tea will be available to enjoy before the service commences.

Time: Afternoon Tea served at 2:30pm.
Service to follow

Venue: Pattinson House Hostel, Hughes Street
Ouyen

Cost: Free

For further information contact Pattinson House
on (03) 5092 2559



MONDAY 7

FESTIVAL OPENING WORLD CAFÉ



Come and join us for an afternoon of food and colour. The student chefs will be preparing a tasty meal with a European theme. Table service will be provided by the SuniTAFE hospitality students. There will also be entertainment on the day.

Time: 12pm - 2pm

Venue: SuniTASTE Training Restaurant
SuniTAFE, Benetook Avenue, Mildura.

Parking: Allocated at Gate 1, Car park 1

Cost: \$25

Please be aware there is a walk of approximately 150 metres from the car park to the restaurant on level ground. There will be a set menu of European themed food, including tea and coffee on offer for lunch. Drinks will be available at bar prices.

Remember to bring your ticket!



MONDAY 7

PADDLE VESSEL ROTHBURY



Enjoy a relaxing afternoon tea and cruise down the Murray River on the beautiful Paddle Vessel Rothbury.

The Rothbury was built in 1881 as a tow boat and was brought to Mildura in 1909. In 1968 she was purchased for restoration for the tourist trade. The Rothbury has won the last four National Paddleboat Challenge Cups and is known as the 'Greyhound of the River' due to her sleek hull design.

Time: Boarding at 2:15pm
 Launch at 2:30pm sharp
 Returns at 4:30pm

Venue: Mildura Wharf

Cost: \$17 including a light afternoon tea

Please take care when boarding and disembarking the Paddle Vessel.

Remember to bring your ticket!

MONDAY 7 & WEDNESDAY 9 MILDURA & DISTRICT GENEALOGICAL SOCIETY



Want to know more about your family history, but don't know where to start?

From humble beginnings in 1978 Mildura & District Genealogical Society now has one of the largest collections of family history resources in regional Victoria. In addition to the usual birth death and marriages, family histories and cemetery records etc. held by genealogical societies, we have an impressive number of local Sunraysia histories.

Members of the society will be available to provide assistance with family history research and get you on the way to unlocking the secrets of the past.

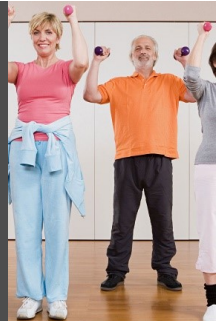
Days: Monday and Wednesday

Time: 11am to 4pm

Venue: Carnegie Library, 74 Deakin Ave, Mildura

Cost: Free

MONDAY 7 & WEDNESDAY 9 COME & TRY MILDURA WAVES LEISURE & AQUATIC CENTRE



MILDURA WAVES

FREE Group Fitness Classes! Come along and try!

- Monday 7 October 11:30am “Strong Movers” Dry Group Fitness Class

There will be a free morning tea snack supplied after this Class with our Waves ‘Witch Doctor Café’ open to purchase coffee/tea.

- Wednesday 9 October 10am “Aqua Mild” Fitness Class

Cost: Free

Venue: Mildura Waves Leisure & Aquatic Centre

Mildura Aquatic Facilities
Deakin Avenue & Twelfth Street, Mildura VIC 3500
P 03 5018 7500 E milduraaquaticfacilities@alignedleisure.com.au
www.milduraaquaticfacilities.com.au



TUESDAY 8

OUYEN CLUB LUNCHEON



Local Club Lunch

Enjoy a delicious 2 Course Meal and Entertainment. Share some fun times and catch up with old friends or make some new ones!

Hot and Cold drinks available at bar prices.

Time: 12pm - 2pm

Venue: 9 Pickering Street, Ouyen

Cost: \$15

Remember to bring your ticket!

TUESDAY 8

GATEWAY TAVERN

LUNCHEON



Enjoy a delicious 2 course meal, including tea and coffee with entertainment by Chris Street.

Chris is a solo entertainer who specialises in Golden Oldies that will live forever. From the Rock'n'Roll days of the 50's through 60's 70's and 80's along with great country ballads and easy listening music. From the sounds of the classic hits of Elvis, Roy Orbison, JOK, Buddy Holly, Johnny Cash, Slim Dusty; to ballads from Jack-Scott, Marty Robbins, Burl Ives, Jim Reaves and Alan Jackson, as well as rare compilations from the 1950's & 60's

Time: 12pm - 2pm

Venue: Gateway Tavern Mildura

Cost: \$20

Remember to bring your ticket!

TUESDAY 8

U3A ARM CHAIR TRAVEL



U3A present a range of Free Come and Try activities to celebrate Seniors festival.

A JOURNEY TO ECUADOR!

Join us for a journey to South America's West Coast as we explore and discover the wonders of the amazing land of Ecuador from the comfort of your arm chair.

The diverse landscape encompasses the Amazon jungle, Andean highlands and the wildlife-rich Galápagos Islands

Time: Tuesday 1:30pm to 3:30pm

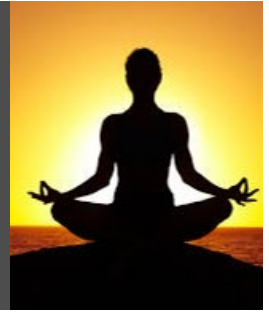
Venue: SuniTafe Auditorium,
453 Benetook Ave, Mildura.

Cost: Free



Check out u3asunraysia.com.au for information on other great activities that U3A Sunraysia have in their calendar.

TUESDAY 8 U3A MEDITATION AND RELAXATION



Meditation and Relaxation

Stress is normal a physical reaction to activities and events in our life when we feel afraid, threatened or upset. When channelled properly stress can help you stay focused, energetic, alert and present. Stress affects the mind, body, and behaviour in many ways and everyone experiences stress differently. It is important to recognise your stress level and the signs, symptoms and effects it has on your body and mind.

Once you recognize the signs, it is important to learn ways to manage stress. One way to manage stress is through meditation or calming relaxation techniques which will be introduced during the event.

Time: 1:15pm to 3pm

Venue: Auditorium SuniTafe, 453 Benetook Ave

Cost: Free

Check out u3asunraysia.com.au for information on other great activities that U3A Sunraysia have in their calendar.

TUESDAY 8 & THURSDAY 10 MALLEE TRACK PROGRAM CUPPA & CHAT AT THE LIBRARY



Are you a lifelong resident of Ouyen or Underbool? Did you relocate to the Mallee later in life? What's changed? What has stayed the same? We are asking you to share stories, memories and first impressions of Ouyen and Underbool with us over a cuppa at your library.

Time: Tuesday 8 October at 11am
Venue: Underbool, Linga Hall
Cost: Free – Morning tea provided

Time: Thursday 10 October at 10am
Venue: Ouyen Library, 78 Oke Street
Cost: Free – Morning tea provided

Come and share your stories!



Day/Date	Event	No. of Tickets	Amount Paid
Sunday 6 October	Millewa Pioneer Park Open Day \$30		\$
Monday 7 October	Festival Opening & World Café \$25		\$
Monday 7 October	Rothbury Boat Cruise \$17		\$
Tuesday 8 October	Lunches Gateway Tavern \$20 Ouyen Club \$15		\$
Wednesday 9 October	Lunch Club \$10		\$
Thursday 10 October	Yarning Circle Free Ticket required		Free

Day/Date	Event	No. of Tickets	Amount Paid
Thursday 10 October	Mildura Eco Village Tour Free Ticket Required		Free
Thursday 10 October	Chaffey Trail History Tour \$10		\$
Thursday 10 October	Cinema Deakin Film Session \$8.50		\$
Thursday 10 October	Lower Murray Water Afternoon Tea Free Ticket Required		\$
Friday 11 October	Red Cliffs Concert & Lunch Jefferson Smith \$14		\$
TOTAL MONIES PAID			\$

TUESDAY 8 & THURSDAY 10 WALKING GROUP COME & TRY SESSION



Sunraysia Community Health Services Central Walking Group welcomes all new walkers for indoor walking. Members range in age from 23 to 91. Some walk 1 lap, some walk 10 laps but most people stay for a cuppa and a chat.

So come along to Mildura Central on the corner of 15th Street and Deakin Ave and give it a go, you might find you love it!

Time: 7:45 am Registration at the Mildura Central Food Court, 8am - 9am Walking

Cost: Free

Buses: Check the bus timetable for available services on the day

**For more information contact Gaylene Marquick
Sunraysia Community Health Services**

(03) 5022 5444



WEDNESDAY 9

LUNCH CLUB



- Sick of cooking for one?
- Don't like eating alone?
- Like to make new friends?

Come along and sample a taste of our popular 'Lunch Club'!

Enjoy a delicious three course meal and an afternoon of light entertainment while meeting new people in a friendly, relaxed atmosphere.

Time: Lunch served at 12pm

Venue: Mildura Senior Citizens Club,
Crn Tenth Street and Langtree Avenue

Cost: \$10



WEDNESDAY 9 TAI CHI & FALLS AND BALANCE COME & TRY SESSION



Tai Chi for Beginners

Come and Try 30 minute session based on the Tai Chi for Arthritis program learn the slow and gentle movements which assist with coordination, balance, strength, posture and flexibility.

Falls and Balance Programs

Information session: Hear about the two programs (Stepping On and Falls Prevention) offered by Sunraysia Community Health Services to help you stay active and avoid having a fall at home or in the community.

Time: 2pm to 4pm
Tai Chi at 2pm
Falls and Balance 3pm

Cost: Free

Venue: 137 Thirteenth Street, Mildura

Buses: Check the bus timetable for available services on the day

For more information contact Gaylene Marquick
Sunraysia Community Health Services on (03) 5022 5444



WEDNESDAY 9 & THURSDAY 10

VISIT YOUR LIBRARY



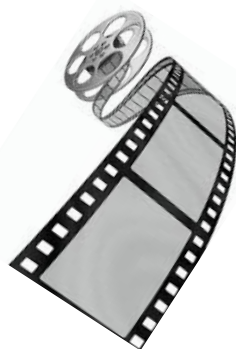
We invite you to '**Get Social**' at your library. Enjoy one of our FREE Kanopy movie sessions and explore all that your local library has to offer!

Movie Sessions:

Time: Wednesday 9 October at 10am
Venue: Merbein Library, Main Avenue North
Film: Churchill (105 mins)
Cost: Free – Morning tea provided

Time: Wednesday 9 October at 2:30pm
Venue: Red Cliffs Library, Jamieson Ave
Film: Hunt for the Wilderpeople (102 mins)
Cost: Free – Afternoon tea provided

Time: Thursday 10 October at 10:30am
Venue: Mildura Library, 180 - 190
Deakin Avenue
Film: Strictly Ballroom (95 mins)
Cost: Free – Morning tea provided



THURSDAY 10

YARNING CIRCLE



Join us for an amazing collection of story tellers, performing artists and poets from local Aboriginal and non aboriginal community members. Included in the days activities will be dance groups, local historians and much more.

A collaborative art piece will be made on the day by all in attendance - a meaningful commemoration to capture the unity of the day.

Time: 10am to 2.30pm

Cost: Free. Ticket Required for catering purposes.
Morning tea and lunch will be provided

Venue: Merbein Hub, Main Ave N, Merbein

Buses: Check the bus timetable for available services on the day

Remember to bring your ticket!

THURSDAY 10

MILDURA ECO VILLAGE TOUR



Visit the Mildura Eco Village – this tour will provide an opportunity to enjoy a free morning tea whilst being guided around the Village. The tour includes access to the sustainable Education Centre and retrofitted Eco House, a short walk to the Solar Distillation Demonstration site and a wander through the onsite Community Gardens.

Please be aware there is uneven ground and steps to be managed to access all areas.

Car parking is available at the front of the village.

Time: 10am to 12pm

Venue: 15 Scherger Drive adjacent to the landfill, opposite the Mildura Base Hospital, Ontario Avenue

Cost: Free. Ticket Required for catering purposes.

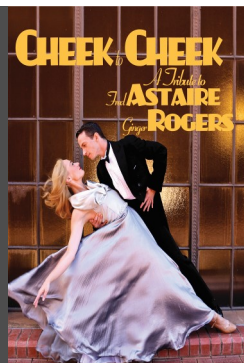
Remember to bring your ticket!

THURSDAY 10 MILDURA ARTS CENTRE & WINDING ROAD PRODUCTIONS

presents

CHEEK TO CHEEK

A TRIBUTE TO FRED ASTAIRE & GINGER ROGERS



Cheek to Cheek is an all-singing, all-dancing celebration of the romance, the glamour, the elegance of Hollywood's most iconic song and dance partnerships – the immortal Astaire and Rogers.

It features some of the most electric dance sequences ever conceived for film as well as the flair and skill of the two silver screen legends recreated live on stage by two of Australia's brightest young music theatre performers, Amy Berrisford and Ross Hannaford.

Includes classic songs like Academy Award winning Night and Day, Let's Call the Whole Thing Off, Top Hat, White Tie and Tails and so much more

Time: 2pm to 3pm

Venue: Mildura Arts Centre Theatre

Cost: \$12 Includes afternoon tea served in the foyer after the performance.

Tickets:

Mildura Arts Centre 03 5018 8330 / milduraartscentre.com.au

Mildura Visitor Information and Booking Centre 03 5018 8380

If you have accessibility issues, please let staff know when you book your ticket.

THURSDAY 10

SOCIAL SUPPORT GROUP OPEN DAY



Come and visit the HECHT centre to explore the range of programs available to you or your family to support active living in the community.

Talk to participants and staff and have a look around.
Join us for afternoon tea.

Time: 1pm to 3pm

Cost: Free

Venue: 5 John St, Mildura

Buses: Check the bus timetable for available services on the day

For more information contact Holly Baynes Sunraysia Community Health Services on (03) 50211564



THURSDAY 10

CHAFFEY TRAIL HERITAGE TOUR



Trace Mildura's rich irrigation history on this guided tour of The Chaffey Trail.

The tour will provide you with an insight into the Chaffey Brothers', George and W.B., vision of for the Mildura region. Taking in key historical sites, including Rio Vista Historic House, Psyche Pumps and Chateau Mildura; their legacy will come alive through the tales shared by your knowledgeable guides.

Starting with a guided walking tour of Rio Vista Historic House. Then on to Psyche Pumps where you'll learn how the pumps were used to establish Mildura as an irrigated settlement. On the way back, you'll stop at Chateau Mildura for a tour and wine tasting.

Time: 1pm to 5pm

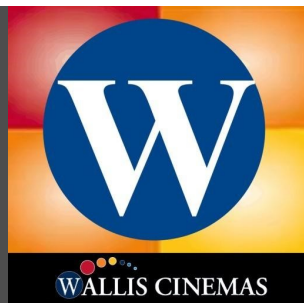
Venue: Mildura Arts Centre, 199 Cureton Ave, Mildura

Cost: \$10 Includes, bus, admissions and refreshments. Glasses of wine can be purchased at own expense.

Remember to bring your ticket!

THURSDAY 10

A DAY AT THE MOVIES



This film has advertising approval.
Check the classification closer to
the release date.

M Recommended
for mature
audiences

G General

MA 15+
Not suitable for people
under 15. Under 15s
must be accompanied
by a parent or adult
guardian

PG Parental guidance
recommended

R 18+
Restricted to 18
and over

Come and watch any movie from the program!

You can also enjoy a complimentary cuppa and a small snack until 5pm to complete your movie experience. Check the weekly program for what is screening on the day.

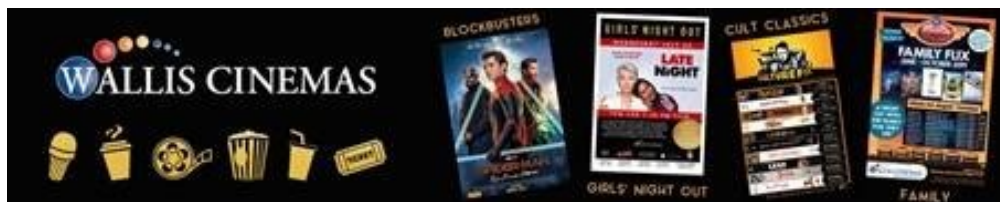
Time: Please check local papers for details.

Refreshments will be offered until 5pm

Venue: Wallis Cinema , Deakin Avenue Mildura

Cost: \$8.50 per movie (snack & hot drink included)

Remember to bring your ticket!



An elevator is available for access to all cinemas

THURSDAY 10

AFTERNOON TEA



Come along for an opportunity to enjoy a free afternoon tea of home baked goodies at Lower Murray Water. The day will include a presentation by the Sunraysia Orchid club, guest speakers, games, giveaways and 'lucky door' prizes!

Time: 1pm to 4pm

Venue: 741-759 Fourteenth Street, Mildura

Cost: Free. Ticket Required for catering purposes.

Remember to bring your ticket!



FRIDAY 11

U3A BIBLICAL ARCHAEOLOGY LECTURE



Biblical archaeology involves the recovery and scientific investigation of the material remains of past cultures that can illuminate the periods and descriptions in the Bible. With references from the Old Testament or from the New Testament, as well as the history of Judaism and Christianity, the lecture will include visuals and information about archaeological diggings from early Christianity.

Time: Friday 1:30pm to 3:30pm

Venue: SuniTafe Auditorium, 453 Benetook Ave, Mildura.

Cost: Free

Check out u3asunraysia.com.au for information on other great activities that U3A Sunraysia have in their calendar.

FRIDAY 11

JEFFERSON SMITH CONCERT & LUNCH



At 12 years old he was handed a trumpet by his high school music teacher, and growing up he learned to love the music from a time when big band was king.

Upon discovering Frank Sinatra and Dean Martin at the age of 14 he asked his parents for singing lessons. At age 19 Jefferson bought his first guitar after hearing Neil Diamond's "Hot August Night" album.

His love of big band and swing music took him to a Michael Buble concert where Michael heard him in the audience and asked him to sing the lead of one of his songs.

He loves the Golden Age of Hollywood and takes audiences for a cruise through music's greatest hits.

Song list includes: Elvis, Tom Jones, Sinatra, Neil Diamond, the Righteous Brothers, Jerry Lee Lewis, Billy Ray Cyrus

Time: Concert 11am - **Please do not arrive too early, as doors will not open until 10:30 am**

Lunch 12:30pm

Venue: Red Cliffs Civic Centre, Jamieson Ave, Red Cliffs

Cost: \$14

Following the concert there will be a BBQ lunch with entertainment provided in Barclay Square, Red Cliffs.

Remember to bring your ticket!

Notes:

**Mildura Rural City Council gratefully acknowledges
the generous support of the following businesses,
individuals and organisations:**

Chaffey Trail Reference
Group

Chris Street

Wallis Cinema

Gateway Tavern

Hungry Jacks

Lower Murray Water

Mallee Meats & More

Mildura Aligned Leisure

Mildura Arts Centre

Mildura & District

Genealogical Society

Mildura Eco Village Centre

Mildura Sunnyland Press

Mildura Visitor Information
Centre

MRCC Customer Service

MRCC Library Services

MRCC Local Laws

MRCC Red Cliffs Depot

Ouyen Club

Pattinson House

Rob Symes

Rothbury Paddleboat

Soundtrap

SuniTASTE Training
Restaurant

Sunraysia Bus Lines

Sunraysia Community Health
Services

Sunassist

Mildura Seniors Club

U3A

...and all volunteers who
have assisted throughout the
festival.

