## FRIDAY 4 OCTOBER 9.30AM-5pm REGENERATIVE COMMUNITIES FORUM

Magenta Woolshed, Australian Inland Botanic Gardens 1183 River Road Buronga NSW

The incubator style forum will feature four panels covering innovative ideas, inspiring stories and practical tools on how to regenerate community. Speakers will come from across the state as well as nationally, joining with local projects and individuals to present engaging panels.

MC Gilbert Rochecouste, founder and managing director of the Village Well and regenerative communities expert will introduce the day and lead the conversations. Throughout the day enjoy the surrounds of the gardens and a complimentary grazing table of local produce, prepared by The Friends of the Botanic Gardens. Stay for networking and refreshments from 4-5pm.



## 10-11.15am People Power Knowledge & skills as a shared community asset



Marieke Dam Volunteer Resources at the Centre for

Participation



**Deane Munro**Co-Chair of Ouyen Lake Working Group



Dean Cracknell
CEO and Co-Founder of Town Teams
movement

# 11.30am-12.45pm Own Your Story Successful and authentic engagement in our Mallee country life



**Teagan Jane Oliver** Founder of Teagan Jane Photography



**Linda Tillman** CEO of Tilma Group



Business builder at Black Barn Farm & Consult

# 1.15-2.30pm Inviting diversity Injecting new life into community by embracing new migrants



**Cheryl McKinnon**Mayor of Loddon Shire Council



Project Manager of the Great South Coast Economic Migration Project



Julie Pettett
Steering Group for
HeartLand Horsham Project

# 2.45-4pm Rewrite the System A fresh perspective on innovative farming models & food systems



**Deborah Bogenhuber,** Co-Founder & EO **John Niyera,** Assistant EO of Food Next Door Coop



Samuel Marwood Co-Founder & Managing Director of Cultivate Farms



**Tammi Jonas**President of Australian Food Sovereignty
Alliance

## REGENERATIVE COMMUNITIES ROAD TRIP

3-6 October 2019

From the Millewa to Murrayville

INNOVATIVE IDEAS, INSPIRING STORIES AND PRACTICAL TOOLS TO REGENERATE YOUR COMMUNITY.







#### MILLEWA AND NANGILOC EVENTS



## THURSDAY 3 OCTOBER 5.30pm UNBREAKABLE MILLEWA

Johansen Reserve Rotunda, Lake Cullulleraine In partnership with Millewa Landcare

Warren is not just an average farmer. His eventful life has tested him, having a massive impact on his young family, relationships and finances. But it has made Warren the farmer he is today - The Unbreakable Farmer. Warren will change the thinking and behaviour of your most precious resource - your people.

Free community dinner featuring live music by Woodville Creatures, two course meal, and children's activities.

#### 4pm Cultivate Farms Workshop Tennis Club, Johansen Reserve

Sam Marwood, founder of Cultivate Farms will run a workshop for retiring and aspiring farmers. Learn about the Cultivate model and build a vison for your farm.



## FRIDAY 4 OCTOBER 6pm COMEDY NIGHT

Nangiloc Tavern
In partnership with the Nangiloc Tavern

Welcome to the slightly odd world of the Nelson Twins. Raised in rural New South Wales, they have been performing as a duo for the past 13 years, fast becoming one of the most sought after double acts in Australia. The twins big bush ranger beards and cracking one liner jokes, make them an amazing act never before seen on the comedy circuit.

This free night of entertainment will also include raffles and competitions, complimentary food by the Nangiloc Tavern, community planning activities and fun for children.

Dean Cracknell, CEO & Co-Founder of the Town Teams movement will be running an activity to unleash the potential of the best asset of any place- its people.

### FEATURED PROJECTS AT THE MILLEWA, NANGILOC, OUYEN & MURRAYVILLE...



### Mallee Sky

Jodi was born in the Mallee and grew up on a wheat farm outside a small town called Beulah. Beautifully told, exquisitely illustrated and essentially Australian, the children's book Mallee Sky is a poetic text describing a desert landscape (the Mallee) during drought. Jodi will facilitate art and craft workshops inspired by the book, as well as do a reading of the book, which young and old are sure to love.



### **Graziher Portrait Project**

Own your story. *Graziher* is a muchneeded publication for rural and regional women which shares stories of women living on the land, aiming to empower women and radically change the way that agriculture is portrayed. Photographer Teagan Jane has a deep affinity with the land and its people. Teagan will be at the events capturing portraits and stories of our local people stories of our local people for Graziher magazine.



### **Digital Storytelling**

Digital stories tell a personal story about life changing events or a turning point in a person's life. National Centre for Farmer Health invite you to take some time to view these powerful and engaging personal accounts. Step inside the farm gate and hear personal stories from young rural adults and rural women who have navigated tough times.

### MALLEE TRACK EVENTS

## **SATURDAY 5 OCTOBER 2pm**REGENERATIVE COMMUNITIES TENT

Ouyen Lake

In partnership with Ouyen Inc

A series of free interactive, informal workshops and talking circles will be featured in our Regenerative Communities tent to help celebrate one year since the opening of the Ouyen Lake. The Ouyen Lake committee are launching the opening of the lake to recreational boat use and will be celebrating with entertainment, food, fireworks and boating demonstrations.

**2pm** Fair Food Talking Circle with advocate Jade Miles How can eaters and growers work together to turn farming from a faceless commodity, into a celebration of the true story of food?

**3pm** Cultivate Farms workshop with founder Sam Marwood A workshop for retiring and aspiring farmers. Learn about the Cultivate model and build a vision for your farm.

#### 4pm Food Next Door Talking Circle

Members of Food Next Door tell their story of developing a cooperative model. How can community have more control of their food, the supply chain and their local economy?

**5pm** Butchery Workshop with meat smith Tammi Jonas A live butchery demonstration alongside a hearty feast of food sovereignty and ethical meat dialogue.

**6pm** Young Farmers Talking Circle
Join young leaders in farming for a conversation about issues affecting young people in agriculture. How are young farmers shaping the future of the Victorian Agriculture?



## **SUNDAY 6 OCTOBER 11am** SUNDAY TUCKER

Murrayville Rec Reserve

In partnership with Neighbourhood House

Come down to the recreation reserve for a free hearty lunch cooked by Food Next Door using local produce and creative cooking techniques. Join the Rio Vista Social Club for a live folk music jam. A series of Regenerative Communities workshops and talking circles will be hosted for all to access and participate in.

**11am** Rural marketing expert Linda Tillman will present her ideas after researching the Mallee Track, using her sixth sense to spot opportunities for rural towns to lure visitors.

**12pm** Carly Jordan from the Great South Coast Economic Migration Project on the benefits of attracting migrant communities to rural towns to boost local economies.

**1pm** Sam Marwood, founder of Cultivate Farms will run a workshop for retiring and aspiring farmers. Learn about the Cultivate model and build a vison for your farm.

