

Maternal and child health

Your local council helps people in the community stay healthy and happy. It provides services to help people who may not be able to help themselves, such as:

- babies and children
- young people
- older people.



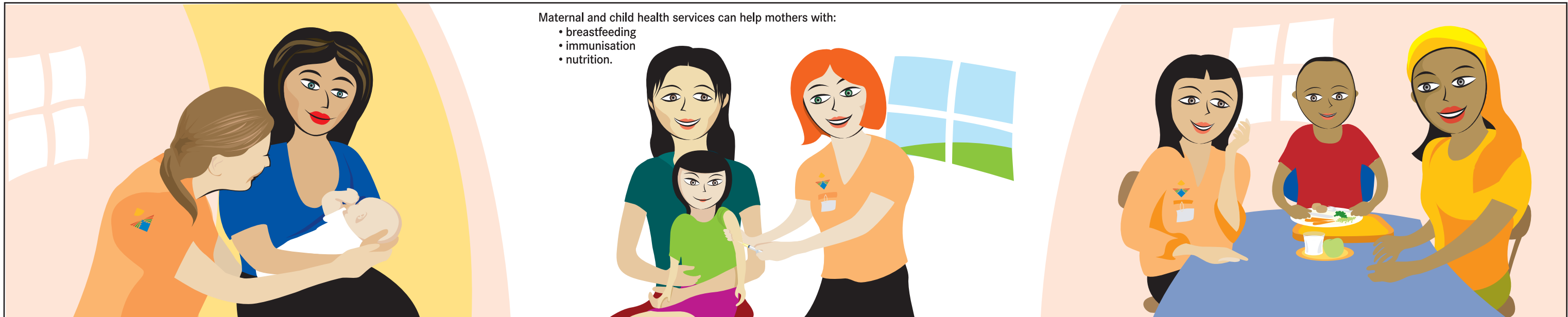
Maternal and child health services help families look after their babies and children by giving them:

- information
- guidance
- support.



Maternal and child health services can help mothers with:

- breastfeeding
- immunisation
- nutrition.



Maternal and child health services help families and children to be healthy and happy people.



Your local council exists to help people stay healthy and happy. You can get help from your local council by:

- telephoning the council
- visiting the council in person
- looking at the council website.

