community matters



Mildura Rural City Council

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Keep your cool when it heats ups

Even if you have lived in our region your whole life and are used to the hot weather, you are still at risk of being affected by heat-related illness. While it can be serious, there is plenty you can do to prevent the heat from effecting your health. Turn to page 4 to learn how you can beat the heat this summer.



A Christmas wish from the Mayor

As we near the end of another year, I just want to say how blessed I feel to live and work in such a fabulous part of the world.

Our community is made up of so many people from different lands. We have different beliefs, backgrounds and traditions. Yet collectively, because we choose to embrace those differences and to find common ground, we are a shining example of how people can live together harmoniously and treat others with respect and dignity.

As a Council, we can only do so much to make this community great and we rely on you, the residents of this region, to help us in this endeavour. From the volunteers who help our charities, the individuals who make up our sporting and social clubs, the people who take time to attend events and festivals, and those of you who shop in our local stores – each person, whether consciously or unconsciously, has done something positive to add to the fabric of our community this year.

And as we move towards 2016, I hope we can take some time to think about those who might be doing it tough and if we're able, let's give a little more to help others. There are quite a few local charities who are working hard at this time of year to bring a little festive cheer to those in our community who need support and I commend them for their kindness.

On behalf of myself, my family, my fellow Councillors and the staff at Mildura Rural City Council, I would like to wish everyone a happy and safe festive season. Hopefully 2016 will bring you all a year of love, happiness and peace.

Cr. Glenn Milne

Perfect places to cool down this summer

Swimming pools in our region opened on 1 November and once again are proving to be popular community assets.

Residents and visitors can escape the expected warm weather with a refreshing dip at Mildura Waves, Merbein, Irymple, Red Cliffs, Ouyen, Underbool, Murrayville and Colignan swimming pools.

So what facilities are available at local swimming pools?

While each pool is a little different, all of them have change and bathroom facilities, a canteen for snacks and drinks, lovely lawns and shade areas and qualified lifeguards to keep an eye on swimmers.

Opening hours vary to suit the individual communities and you can find these on our website at www.mildura.vic.gov.au/swimming-pools

Love visiting your local pool? Season passes are now for sale and can be purchased from any swimming pool or from our Service Centres.







Safe workplaces instrumental in stopping violence against women

We are nearing the end of the White Ribbon Workplace Accreditation process and hope to inspire other local businesses to become involved in this important education and awareness program.

The Workplace Accreditation Program recognises workplaces that are taking active steps to prevent and respond to violence against women.

White Ribbon Workplaces are centres of respect, providing a safe and supportive environment for women when they come to work. The Program complements women's empowerment initiatives and strengthens an organisation's stance in relation to anti-bullying legislation.

As part of White Ribbon week nationally, we displayed a White Ribbon on the exterior of our Deakin Avenue Service Centre. Council staff have also taken part in a specialised education program and most importantly, Council staff impacted by domestic violence will now have improved access to support services and special leave entitlements.

We're very proud to be involved in this important social program and if you want to find out more about becoming a White Ribbon Accredited Workplace, please visit www.whiteribbon.org.au

Using technology to stop rabbits in their tracks

New technology is now available in our region to support the control of rabbits.

Rabbit Scan is a mapping program which allows landholders to record the location of active rabbits and help control them using an app on their mobile phones.

The program allows users to pinpoint where they are finding burrows and rabbits and where they are undertaking control, and then upload valuable data to a centralised system. This will help in the roll out of more targeted and effective control measures for this pest animal.

The Rabbit Scan - Mallee program is funded by the Mallee Landcare Group, Mallee Catchment Management Authority and the Invasive Animals Cooperative Research Centre.

Further information is available from Council's Roadside Management Officer or online at www.rabbitscan.org.au/mallee





2016 Australia DayBreakfast and Community Celebrations

From 8am, Tuesday 26 January The Nowingi Place Hugh King Drive, Mildura





Preventing heat-related illness

It might seem simple, but prevention is better than cure. Follow these tips to prevent heat related illness:

- Keep up your fluids you need to drink more during hot weather, regardless
 of how active you are. Do not wait until you are thirsty to drink. Drink plenty
 of water or other cool, non-alcoholic fluids. (Check with your doctor if you
 are on limited fluids or fluid pills.) Avoid alcohol or drinks that contain lots of
 sugar. Don't have extremely cold liquids, as they may cause stomach cramps.
- **Avoid exposure to heat** stay out of the sun as much as you can. If you must go outside try to do your jobs early in the day when it is cooler.
- **Protect yourself outside** if you must be outdoors, remember to protect yourself from the sun 'slip, slop, slap' by covering exposed skin with lightweight clothes, using sunscreen and wearing a hat, 'seek' shade and 'slide' on sunglasses.
- **Limit physical activity** too much physical activity on a hot day can lead to heat stress. If you can, restrict activity to cooler parts of the day.
- **Don't leave children or pets in cars** even on cool days, cars can heat up to dangerous temperatures very quickly. Children or pets that are left unattended in parked cars for even a few minutes are at risk of serious heat-related illnesses and possibly death. Never leave children or pets in a parked car, even if the windows are left open a fraction.
- Take it easy rest often and, whenever possible, stay indoors or in the shade.
- **Stay cool** and keep air circulating around you. Use air conditioning if possible. (If you don't have air conditioning, consider visiting an air-conditioned shopping centre or public library.) Take a cool shower, bath or sponge bath.
- Keep up your energy levels eat regular, light meals.
- Watch out for others check on older, sick or frail people who may need help coping with the heat at least twice a day.

Help and more information

If you or someone else is affected by a heat-related illness seek medical assistance as soon as possible.

Make your health a priority in the heat

With higher than average temperatures expected this summer it's more important than ever to be mindful of how the heat can affect your health.

During prolonged periods of hot weather, your body is less able to cool itself enough to maintain a healthy temperature. This can cause heat-related illness. Even if you have lived in our region all your life and are used to hot weather, you could still be affected.

While anyone can suffer from heat-related illness, some people are more at risk than others, including:

- People over 65 years, particularly those living alone or without air conditioning
- Babies and young children
- Pregnant and breastfeeding mothers
- People who are physically unwell, especially with heart disease, high blood pressure or lung disease
- People on medications for mental illness
- People who are overweight or obese
- People working or playing sport outdoors

Elderly people are more prone to heat stress than younger people because their body may not adjust well to sudden or prolonged temperature change. They are also more likely to have a chronic medical condition and be taking medication that may interfere with the body's ability to regulate temperature.



Plans to protect towns from bushfires

Towns at most risk from bushfires across the region will be better protected in the future, with Mildura Rural City Council, the Country Fire Authority (CFA) and the Department of Environment, Land, Water and Planning (DELWP) adopting a new approach to reducing the fire threat to at risk communities.

Township Bushfire Mitigation Plans (TBMPs) have been developed in consultation with the CFA, DELWP and other key agencies as part of Council's Municipal Emergency Management Planning Committee work for seven communities - Ouyen, Walpeup, Underbool, Murrayville, Werrimull, Meringur and Koorlong.

The plans essentially show where work will be undertaken to lessen the risk of bushfire spreading into these townships. Some of the work includes controlled burns, slashing grass, road widening and clearing hazardous fuel loads where appropriate.

The TBMPs focus on physical improvements and changes that can be made to support fire fighting activities including identifying where 'Fire Lines' can be developed along roads around townships to limit the spread of fire and to provide access for those trying to fight fires.

The Township Bushfire Mitigation Plans are available for viewing from Council Service Centres or by contacting the Risk and Emergency Management Team at Council on (03) 5018 8100.

An awardwinning year

2015 has been a great year for Mildura Rural City Council, with many of the projects, programs and initiatives we've worked on recognised at a state and national level. Awards achieved include:

- Regional Victoria Living Expo Best Council Exhibit
- Business Events Victoria Regional Showcase
- National Awards for Local Government
 Youth Employment category (Flo Connect)
- Government Communications
 Australia Awards for Excellence Best
 Event Communications category and
 National category (Triple j One Night
 Stand)
- Australian Organisational Excellence Foundation – Gold Award

The varying range of awards reflects the diverse nature of local government and the many different business areas of Council. They also highlight what we can achieve when Council works in partnership with the local community and businesses towards common goals.





AAC guiding Council on Aboriginal matters

Council's Aboriginal Action Committee (AAC) was established in late 2011 as a way of strengthening Council's relationships and engagement with the local Aboriginal community.

The AAC meets bi-monthly and works towards achieving its purpose which is to improve and enhance the wellbeing of the Aboriginal community in the Mildura Rural City Council municipality.

Council utilises the committee's expertise on a range of matters and seeks their advice and input in to all areas of Council work including Council services and projects, plans and policies, engagement with the community and cultural issues.

Since its inception four years ago the AAC has worked with Council on a number of projects and initiatives including development of Council's Reconciliation Action Plan, establishment of an Acknowledgement of Country policy and redevelopment of the Mildura riverfront.

The AAC is made up of community members, Elders, representatives from key local Aboriginal organisations and committees and two Councillors, including:

Clair Bates Elder position

Janine Wilson Elder position

Steve Portelli Community member

Norsiyah Mokak (Chair) Community member

Sandra Stewart (Deputy Chair) Community member

Charlie Davis Community member

Melissa Badenoch Community member

Thelma Chilly Local Indigenous Network representative

Janene Murray Local Aboriginal Education Consultative Group representative

Trudy Rigney Indigenous Family Violence Regional Action Group representative

Jemmes Handy Local Aboriginal Justice Action Committee representative

Ada Peterson Mallee District Aboriginal Services representative **Cr Ali Cupper** Mildura Rural City Councillor

Cr Jill Joslyn Mildura Rural City Councillor

ABOVE: Council's AAC members

Cr Milne continues as Mayor

Mayoral elections were held in November with Councillor Glenn Milne re-elected as Mayor for a fourth consecutive year. Councillor Sharyon Peart was elected as Deputy Mayor. This will be her first time in this role.

Crs Milne and Peart will hold these positions for a period of twelve months until the next general Council election, which will be held in October 2016.

While all Councillors are elected by the general public every four years, the positions of Mayor and Deputy Mayor are voted on annually by the Councillors themselves.

Councillors are available to talk to you about issues in our region. Some Councillors also holds a portfolio position, which means they are specifically briefed on particular aspects of Council business.

Watch out for mozzies this summer

As the weather warms up mosquitoes get active.

Mozzies thrive in warm, wet conditions, and breed in still water. So there is greater chance of high mosquito numbers after it rains.

To protect yourself against mosquitoes and the potentially serious diseases they can transmit, cover up whenever you're outdoors by wearing light, loose clothing and using insect repellent containing picaridin or DEET.

You can also limit the chances of mozzies breeding around your home or yard by:

- Disposing any containers, old tyres, pots or tins that may hold water
- Regularly changing water in vases, bird baths and pet bowls
- Fixing any leaking taps or hoses
- Removing weeds and grass from drains so water can drain freely
- Cleaning gutters so pools of water don't form
- Maintaining lawns and gardens so you don't provide shelter for mosquitoes
- Installing and maintaining fly screens on all windows and doors.

For more advice on protecting yourself against mozzies this summer go to www.betterhealth.vic.gov.au

Call for everyone to recycle right

Every year, residents of Mildura Rural City Council recycle more than 5,000 tonnes through the kersbide recycling service. That is about the same weight as around 3,000 cars.

While this is a great effort, there is always room for improvement. In fact, up to 15% of all items that people put in their kerbside recycling bins are not recyclable. This equates to about 750 tonnes of waste per year, which ultimately ends up in landfill.

Some of the most common items found in recycling bins that shouldn't be in there include plastic bags, nappies, polystyrene foam, garden waste, food scraps and general household rubbish. People also often make the mistake of bundling their recyclable items in to a plastic bag and putting that in their recycling bin. Instead you should simply place these items in your recycle bin loosely.

In a bid to improve kerbside recycling rates Council is inviting you to take up the challenge to recycle right. Before you put something in your recycling bin, check to ensure that it can in fact be recycled through the kerbside service. Some items, although they may have a recycling symbol on their packaging, can not be collected through the kerbside service.

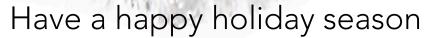
Follow the handy guide below to recycling right and you will be sure to put only the correct items in your kerbside recycling bin.



WHAT CAN GO IN YOUR BINS?







Mildura Rural City Councillors and staff wish you and your family a happy and safe festive season.

Please note the following operating hours for Council Service Centres and facilities throughout the holidays.

Madden Avenue, Deakin Avenue and Ouyen Service Centres

Close 3pm Thursday 24 December 2015 Reopen 8am Monday 4 January 2016

Mildura Landfill

Open 7am-3pm Thursday 24 December Closed Christmas Day Open 8am-3:45pm Monday 28 December Closed New Year's Day

Ouyen Landfill

Closed Christmas Day Closed New Year's Day

All other landfill and transfer station opening hours will remain the same.

Kerbside recycling and rubbish collections

No collections on Christmas Day or New

If your bins were scheduled for collection on these dates they will be collected on Saturday 26 December and Saturday 2 January instead.

All other collections remain unchanged.

Mildura Visitor Information and Booking Centre

Closed Christmas Day Open 9am-5:30pm weekdays Open 9am-5pm weekends and public holidays

Mildura Arts Centre

Close 3pm Thursday 24 December 2015 Closed Christmas Day Open 10am-5pm all other days

Mildura library

Thursday 24 December 2015 Close at 3pm Friday 25 December 2015 Closed Saturday 26 December 2015 Closed Sunday 27 December 2015 Closed Monday 28 December 2015 Closed Tuesday 29 December 2015 Open 10am-5pm

Wednesday 30 December 2015 Open

Thursday 31 December 2015 Closed Friday 1 January 2016 Closed (New Years

Saturday 2 January 2016 Resume normal operating hours

Irymple, Merbein and Red Cliffs Libraries

Close 3pm Thursday 24 December 2015 Reopen with normal operating hours on Saturday 2 January 2016

Mobile Library

Close 2pm Thursday 24 December 2015 at

Reopen on the usual timetable at Nangiloc on Monday 4 January 2016

Irymple, Merbein, Red Cliffs and **Ouyen Swimming Pools**

Closed Christmas Day Normal operating hours on all other days

For after hours emergencies requiring Council assistance call 1800 241 540



If you would like to know more about the information in this document please call the Translating and Interpreting Service (TIS National) on 131 450 and ask them to telephone Mildura Rural City Council on (03) 5018 8100.

You can also request an interpreter when you visit Council Service Centres in person.

Council is open 8am to 5pm Monday to Friday.

Αν θέλετε να μάθετε περισσότερα σχετικά με τις πληροφορίες που περιέχονται σ' αυτό το έγγραφο, σας παρακαλούμε να καλέσετε την Υπηρεσία σας παρακακουμε να κακεσετε την Τπηρεσια Μετάφρασης και Διερμηνείας (TIS National) στο 131 450 και ζητήστε τους να τηλεφωνήσουν τον Περιφερειακό Δήμο της Mildura στο (03) 5018 8100.

Μπορείτε επίσης να ζητήσετε για διερμηνέα όταν επισκέπτεστε τα Κέντρα Εξυπηρέτησης του Δήμου αυτοπροσώπως

Τα γραφεία του Δήμου είναι ανοικτά από 8πμ έως 5μμ Δευτέρα έως Παρασκευή.

Per maggiori informazioni sul contenuto di questo documento chiamate il Servizio di traduzione e interpretariato (TIS National) al 131 450 e chiedete il collegamento con il comune di Mildura al numero (03) 5018 8100.

Potete anche richiedere l'interprete quando vi recate di persona agli uffici del comune Gli uffici del comune sono aperti dalle ore 8 alle 17, dal

Ni waba wipfuza kumenya izindi nkuru ku bijanye n'uru rwandiko turagusavye uterefone Igisata kijejwe gusobanura (TIS National) kuri 131450 kandi uzobasabe guterefona Mildura Rural City Council kuri (03) 5018 8100 Urashobora kandi gusaba umusobanuzi mu gihe ugendeye Council Service Centres wewe nyene.

Council yugurura 8am (isaha zibiri z'agatondo) gushika 5pm (isaha cumi n'imwe z'umuhingamo) Kuwambere gushika Kuwagatanu.

Bu belgenin içeriğiyle ilgili daha fazla bilgi edinmek isterseniz lütfen Çeviri ve Tercümanlık Hizmetini (Translating and Interpreting Service -TIS) 131 450 nolu telefondan arayarak Mildura Kırsal Şehir Belediyesini (03) 5018 8100'dan aramalarını isteyiniz.

Belediye Hizmet Merkezlerine şahsen gittiğiniz taktirde de bir tercüman talep edebilirsiniz.

Belediyemiz hafta arası sabah 8 ile akşam 5 arası açıktır.

چنانچه می خواهید درباره معلومات این سند بیشتر بدانید، لطفا با رویس ترجمه و ترجمه شفاهی ملی (TIS National) به شماره ٤٥٠ ١٣ يُر تماس شويد و از أنها بخواهيد از طريق شماره روی ۱۰۰۰ ماری سوید و سرکه بعواهید از طریق الفعار (۱۳) ۸۱۰۰ ماری شهر روستایی میلدور ا (Rural City Council) (Rural City Council) تماس بگیرند.

شما همچنان می توانید زمانی که شخصا از مراکز خدماتی شورا (Council Service Centres) بازدید می کنید، درخواست مترجم

شورا در روزهای دوشنبه الی جمعه از ساعت ۸ صبح الی ٥ بعد از



Mildura Rural City Council

DISCLAIMEREvery effort has been made to ensure the accuracy of event information published in Community Matters. All details were correct at the time of printing.

General enquiries:

Phone (03) 5018 8100 mrcc@mildura.vic.gov.au www.mildura.vic.gov.au

Madden Avenue Service Centre

108 Madden Avenue, Mildura Phone: (03) 5018 8100

Deakin Avenue Service Centre

76 Deakin Avenue, Mildura Phone: (03) 5018 8100

Ouyen Service Centre

79 Oke Street, Ouyen Phone: (03) 5018 8600